



**GOETHEANUM**

FREIE HOCHSCHULE FÜR GEISTESWISSENSCHAFT/MEDIZINISCHE SEKTION  
INTERNATIONALE KOORDINATION ANTHROPOSOPHISCHE MEDIZIN

PSYCHOTHERAPIE

**IFAPA**  
INTERNATIONAL FEDERATION OF  
ANTHROPOSOPHIC PSYCHOTHERAPY  
ASSOCIATIONS



## **INVITATION**

**Training the trainers**

**Research in anthroposophic psychotherapy and international  
community building**

**Bi-annual IFAPA conference**

**In-person attendance**

**Emerson College, 26-30 June 2023**



## **I: Aim**

***Training the Trainers:  
Research in Anthroposophic psychotherapy and international community building.***

The conferences will:

- (1) continue to build the worldwide anthroposophic psychotherapy community,
- (2) enable participants to improve their clinical practice using anthroposophic-Goethean research,
- (3) develop research-based teaching in anthroposophic psychotherapy.

This conference is the second of a cycle of three research-focused Training the Trainers conferences. The cycle began in a modest way in 2021. Most of the participants had attended the three preceding IFAPA Train the Trainers conferences which were dedicated to broadening their training skills in anthroposophic psychotherapy. They had also attended internationally certified training courses in anthroposophic psychotherapy and were accordingly entitled to attend the Train the Trainers conferences.

In previous conferences there were limited places for other colleagues who were genuinely interested in, and/or carried the responsibility for, furthering anthroposophic psychotherapy in their country. So in 2021 we continued to open the conferences for these colleagues. For the 2023 conference they can apply for participation via their National Associations. The National Association will then nominate applications to be considered by IFAPA and will be responsible for communicating the decision to the applicant. The National Association will also inform Emerson College about those applicants who are entitled to participate. Our longer-term aim is to be inclusive and open.

## **II. Structure**

The conference structure will have the following elements:

- Rudolf Steiner text study
- Esoteric content (perspectives on the class lessons)
- Lectures on research
- Deepening anthroposophical anamnesis, diagnosis and interventions
- Working groups on teaching methods
- Working groups on judgment formation re. actual pathogenesis
- Optional Presentations of participants on innovative aspects of their work
- Annual General Meeting of IFAPA
- Reports from associations in different countries

## **III: Methodology of the Conference**

There will be two guest-speakers. There will be one lecture on research methodology by Professor Erik Baars on Zoom, comparing anthroposophical approach to mainstream views and one lecture on training the trainers by Dr Diethard Tauschel who will also be attending in-person and will also assist in our capacity to make clinical judgments about the emerging pathogenesis of clients.

There will also be contributions from IFAPA trainers: John Lees who specialises in case work research, Ad Dekkers, who has undertaken research into the outcomes of specific anthroposophical interventions and has developed accompanying intervention-exercises, Henriette Dekkers who has undertaken research into deepening anamnesis and diagnosis and the impact of the night on the inspiration towards healing. All lectures, exercises, introductions, and study-groups will introduce you to the research that anthroposophic psychotherapy colleagues into the evaluation of the efficacy and effectiveness of anthroposophic therapies and the principles of training the trainers.

All of you are undertaking research in your clinical practice and, as such, you are all practitioner researchers. The conference will specifically aim to prepare the ground for enlarging competences in becoming a research-based trainer.

#### **IV: Country reports**

Further details to follow.

#### **V: Costs**

- **£350 full fee (participants from European countries pay the full fee in view of paying less travelling costs compared to the remaining continents)**

Accommodation & meals limited (please book early to avoid disappointment):

- £424 accommodation single room and meals
- £500 accommodation twin room and meals
- £224 camping and meals
- £16 lunch per day
- £11 supper per day

#### **VI: Booking**

**IF YOU WISH TO ATTEND, PLEASE INFORM YOUR NATIONAL ASSOCIATION. THE ASSOCIATION WILL THEN INFORM EMERSON COLLEGE OF YOUR PARTICIPATION AS THIS CONFERENCE IS BY INVITATION ONLY.**

<i>Fee</i>	<i>Association deadline</i>	<i>Emerson booking window</i>
<i>Full</i>	5 May	6 May-12 May
<i>Full</i>	9 June	10 June-16 June

#### **VII. Bursaries – only available for the continents of India, South America, North America.**

Bursaries by IFAPA may be available upon request of the National Association:

£175 (50%) of the Conference fee (maximum 15 requests)

£100 for accommodation and meals (maximum 15 requests)

We will send more information about the content along with the timetable in due course.

*Patrícia Botelho, Ad Dekkers, Henriette Dekkers, Natalia Gonzalez, Suchitra Inamdar, John Lees  
On behalf of the IFAPA Board  
3 February 2023*



EMERSON TRAIN THE TRAINERS 2014

Emerson train the trainers 2018

